

## A Home for Better Day



**Better Day Adult Social Day Program's** mission is to create a better day for people living with dementia and their caregivers, one day at a time. A permanent home is the foundation for our nonprofit to evolve, adapt and be sustainable.

The 'A Home for Better Day' campaign seeks to cover the cost for purchase of the house that has provided the framework for the success of our adult day program for the last 14 years.

*"The guests are able to walk outside in a beautiful yard full of flowers overlooking the lake...enjoying looking at the water, feeding the ducks and beautiful cool breezes in the summer."*

### Why is this house perfect for Better Day?

Its **layout, outdoor space, and location** have proven to be ideal, providing a homelike environment with easy access to nature. This setting is critical to providing a warm, supportive atmosphere where people living with dementia can be at their best.

#### Layout

- Ranch style house: program space on one level, handicap accessible
- Homelike atmosphere gives participants the comforting feeling of visiting with a friend rather than an institution
- Natural sunlight, even surfaces, good air quality
- Accommodates 15 guests/day, supporting a total of 27 families/week

#### Yard

- Fully enclosed outdoor space provides safety and independence
- Walking paths allow all participants (including those using walkers, canes and wheelchairs) to exercise and benefit from being outdoors
- High rise vegetable and flower gardens provide purposeful engagement. Shade trees provide shelter.
- Beautiful view of Fort Meadow Reservoir



#### Location

- Residential neighborhood allows for natural encounters with the 'outside' world and normalizes attending a day program
- Beach access at Fort Meadow Reservoir enables guests to enjoy water views which research shows can reduce anxiety and depression and improve emotional well-being
- Marlborough is a Dementia Friendly Community: informed about, safe for and respectful of individuals with the disease, their families/caregivers and provides supports that foster quality of life

A secure home for Better Day is critical to its realization of its long term mission. Please make a renewable sustainable monthly gift to support our home.

**[Yes, count me in – I want to help provide a home for Better Day](#)**

Better Day is a 501(c)(3) nonprofit established in January 2020 continuing the work of Pleasantry's Adult Day Services. If you would like to learn more about Better Day click [HERE](#).